Cycle Menu Week 3

Breakfast	**Saturday**	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Chefs Buffet Choice	Scrambled Eggs, Bacon, Sausage, Hash Browns, Oatmeal, Omelet Station	Scrambled Eggs, Bacon, Sausage, Tator Tots, Oatmeal, Omelet Station	Scrambled Eggs, Hash Browns, Grits, Biscuits, Oatmeal	Scrambled Eggs, Sausage, Turkey Sausage, Tater Tots, Biscuits, Grits	Scrambled Eggs, Bacon, Turkey Bacon, Home Fries, Biscuits, Oatmeal, Egg Sandwiches on Bagels or Kaiser Rolls	Scrambled Eggs, Sausage, Turkey Sausage, Hash Brows, Biscuits, Grits	Scrambled Eggs, Bacon, Turkey Bacon, Tater Tots, Biscuits, Oatmeal
Daily Griddle	Pancakes	French Toast	French Toast w/ Bananas	Strawberry Pancakes w/ Powdered Sugar	Cinnamon Raisin French Toast	Chocolate Chip Pancakes	French Toast Sticks
Lunch	**Saturday**	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Lunch Entrees	Brunch	Brunch	Egg Rolls	Chicken Fajitas	Chicken & Dumplings	Balsamic Chicken	Honey BBQ Chicken
Lunch Entrees	Hamburgers	Chicken Tenders	Vegtable Lo Mein	Beef Fajitas	Bangers & Mashed	Fish & Chips	Pulled Pork Sandwiches
Vegetarian Entrée			Spring Rolls	Battered Mushrooms	Red Bean Ragout w/ Plum Tomatoes & Thyme	Lentils & Vegetable Stew	Spicy Red Lentils
Carving	Citrus Ginger Rotisserie Chicken	Sea Salt & Herb Rotisserie Chicken	MEATLESS MONDAYS	Chili Lime Rotisserie Chicken	Meatloaf	Adobo Rotisserie Chicken	Beef Brisket
Starch			Lemon Parsley Basmati Rice	White Rice	Potato & Onion Hash	Brown Rice	Scalloped Potatoes
Vegetable			Sweet Corn with Ancho-Lime Butter	Green Beans	Succotash	Sweet Broccoli	Roasted Baby Parsnips
Vegetarian Soup	Udon Noodle Soup	Tuscan Onion Soup	Navy Bean Soup	Vegetable Chili	Escarole Soup	Spicy Seven Bean Soup	Cauliflower & Cheese
Soup Du Jur	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special
Pasta Du Jur	Penne Vodka	Cavatelli & Broccoli	Pasta w Escarol & Beans	Baked Ziti	Penne w/ Meat Sauce	Cheese Lasagna	Rigatoni w/ Mushrooms
Pata Du Jur	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special
Specialty Grill	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special
Dinner	**Saturday**	**Sunday**	**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Dinner Entrees	Beef & Bean Burritos	Hamburgers	Baked Ziti	Fried Chicken	Honey Glazed Chicken Breast	Turkey Wings	Calamari Fra Diavolo
Dinner Entrees	Jamaican Beef Patties	Buffalo Wings	Stuffed Shells	French Bread Pizza	Sliced Steak	Oxtails	Chicken Parmigiana
Vegetarian Entrée	Spanish Rice	Italian Soy Dogs	Manicotti	Yellow Lentils w/ Baby Spinach & Garlic	Specialty Baked Fish	Fried Catfish	Mustard Potatoes w/ Dill & Mung Beans
Carving	Citrus Ginger Rotisserie Chicken	Sea Salt & Herb Rotisserie Chicken	MEATLESS MONDAYS	Chili Lime Rotisserie Chicken	Lemon Pepper Rotisserie Chicken	Adobo Rotisserie Chicken	Jamaican Jerk Rotisserie Chicken
Starch	Onion Rings	Mozzarella Sticks	Baked Red Potatoes	Roasted Potatoes	Baked Mashed w/ 3 Cheeses	Macaroni & Cheese	Waffle Fries
Vegetable	Corn w/ Red Peppers	Stir Fry Broccoli	Sauteed Creamed Spinach	Escarole w/ Garlic & Oil	Sauteed Winter Vegetables	Sauteed Collard Greens	Stewed Zucchini
Vegetarian Soup	Udon Noodle Soup	Tuscan Onion Soup	Navy Bean Soup	Vegetable Chili	Escarole Soup	Spicy Seven Bean Soup	Cauliflower & Cheese
Soup Du Jur	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special
Pasta Du Jur	Penne Vodka	Cavatelli & Broccoli	Pasta w Escarol & Beans	Baked Ziti	Penne w/ Meat Sauce	Cheese Lasagna	Rigatoni w/ Mushrooms
Pata Du Jur	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special	Chef Special